

# EASTER NEWSLETTER



## Dear Families,

It has been good to see so many of our parents and carers being able to support our school through the many different events we have had over this very busy half term. Some of you may have enjoyed our Mother's day afternoon tea in Nursery, Y1 phonics evening and whole school events such as World Book week, Eid crafts and the very popular Easter bingo. Thank you to the PTFA for organising the event on Thursday evening, we managed to raise over £350 which will help support all of our children at school. All children left with some chocolate and lots of fun was had by all!

Ms Bowley has now started her maternity leave and we wish her well as she prepares for her life as a new family. We also welcome Mrs Ibrahim who will be taking over in B5 as their class teacher for the rest of the year.

We continue to look forward to a very busy new term in the Summer with SATs and other government assessments taking place as well as a number of school trips, class assemblies and the Summer Fayre to name but a few!

Finally, I hope you enjoy the Easter break and wish everyone who is celebrating a Happy Easter. I look forward to everyone returning fit and healthy for the Summer Term on **Monday 28<sup>th</sup> April**.

**Mr Archer**



# EASTER NEWSLETTER



## Whitemoor lakes

Our Y5s really enjoyed challenging themselves, showing great resilience and teamwork on their residential trip to Whitemoor lakes.

Mahnour - I enjoyed the activities and I loved the run around quiz, gladiator and the leap of faith. I would recommend Whitemoor Lakes because it's fun and you can conquer your fears.

Yusra - My favourite part was the gladiator although it was the hardest, the most challenging and the most fun and all my friends cheered me on. The scariest was the leap of faith as I had to climb some logs and go to the top. I was so scared but I showed perseverance and I did it! I would highly recommend Whitemoor Lakes as a fun, competitive place.

Eiva - My favourite part was conquering my fears and enjoying myself. The activities we did were: abseiling, leap of faith and gladiator. I would recommend Whitemoor Lakes because it's challenging and fun!



## CCP World Book Day- 13<sup>th</sup> March

This year for World Book Week, we studied a non-fiction series of books called *Little People, Big Dreams* through which we learned about some inspirational people like Roald Dahl, Stevie Wonder, Anne Frank, David Attenborough and Martin Luther King Jr. We spent lots of time thinking about what makes them inspirational people and also thought about the children's own aspirations and 'big dreams' for the future. Throughout the week, we also took part in lots of fun activities about reading including Arts activities, a BBC live lesson and some activities with our reading champions. To launch the week, we also had a visit from Lichfield Garrick Theatre to learn all about possible future careers and dreams in the theatre. We dressed up as famous book characters and even some of the amazing people we have learned about. To complete the week, we also had some story and activity time where parents shared in our love of reading in class and it was lovely to see so many parents able to attend. Thank you very much for your support during World Book Week and your continued support with reading at home! - Miss Hill



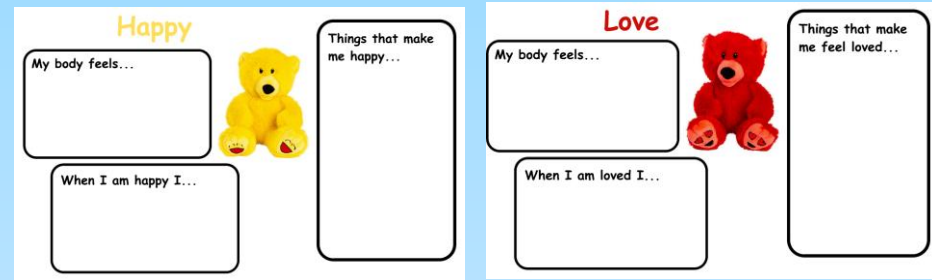


The Brave Brains have now had their first official meeting - keep a look out for the new competition which they will be launching with the children before the Easter holidays.

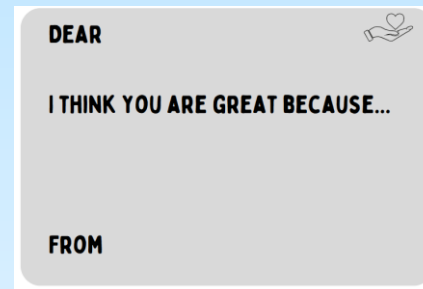
W2, EH4 have taken part in a resilience workshops



F1 have just come to the end of a four week block called Mood Bears with the MHST. They have been looking into different emotions and how those emotions make them feel.

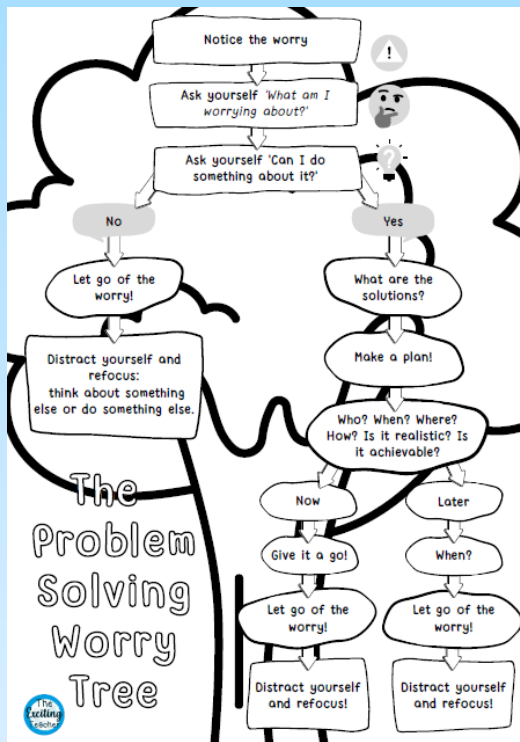


J3 and BH34 have taken part in 'Kindness' Workshops – recognising what is great about others.



## Understanding Worry Parent Workshops

Thank you to everyone who came to our Understanding Worry workshop. It was a great turn out. Here are some activities that they suggested to try with your children.



### WORRY TIME

**Top tip:** It can be helpful for a grown-up to come along to your Worry Time with you to help you discuss your worries, create a plan for the ones we can do something about and support you with letting the rest go.

Worrying can take up lots of time in our day and stop us from doing things that we want to do. Worry Time is a specific time each day for you to worry. This means that you can worry less throughout the day and let worries go knowing that you will be coming back to them later on.

Here is a Step-by-Step guide to Worry Time:

1. Decide on a specific time for Worry Time. This should be the same time each day but it should never be just before bedtime. We recommend after-school at 4:30pm. Worry Time will last around 10 minutes.
2. Decide on a specific place to sit for Worry Time. This should not be your bedroom but it should be somewhere comfortable.
3. When you notice a worry throughout the day, you could write it down and add it to your worry monster, worry jar or worry box. Alternatively, if you are in school you could use a bracelet and move the beads along each time you have a worry.
 

**Top tip:** If you find yourself worrying throughout the day and are finding it difficult to let go of the worry until worry time, then taking a big deep breath and imagining the worry leaving your body can be helpful!
4. Bring your worries from throughout the day to Worry Time. Get comfortable, set a timer for 10 minutes and allow yourself to worry about all of your worries. Ask yourself, 'Can I do anything about this worry?'. If you can, then come up with a plan. If not, then let go of the worry by tearing up the worry or using a deep breath to blow the worry away.
 

**Once you have worried about the worry, then that worry is done and you can move on to your next worry.**
5. Finish Worry Time by taking 3 deep breaths and thinking of 3 positives from your day.

**Top tip:** It can be helpful for a grown-up to come along to your Worry Time with you to help you discuss your worries, create a plan for the ones we can do something about and support you with letting the rest go.

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### Real Worry Monster

The 'Real Worry' Monster likes worries that have a solution! These are 'practical worries' that can be solved.

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### Nearly Real Worry Monster

The 'Nearly Real Worry' Monster likes worries that are based in the future and may not have a solution at all. These are 'hypothetical worries' that cannot be solved and will probably not come true.

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# EASTER NEWSLETTER



## Safeguarding-Click on the poster

### How to Set up PARENTAL CONTROLS for APPS Android Phone

On Android phones, restricting access to particular apps usually requires going onto Google Play. From there, it's fairly easy to navigate your way through the settings to manage the parental controls and authentications relating to any apps on the device. These features can prevent your child from downloading or buying anything unsuitable for their age. Updated versions of apps or games that your child has already installed may occasionally contain something inappropriate, so we've explained how to stop those, too.

#### How to Block App Downloads (This Also Disables In-app Purchases):

- 1 Open Google Play Store
- 2 Tap the profile icon in the top right
- 3 Tap Settings
- 4 Scroll down to the Family section and tap Parental controls
- 5 Toggle 'Parental controls are off' to 'Parental controls are on'
- 6 Create a PIN and tap OK
- 7 Confirm your PIN and tap OK again
- 8 Tap Apps & Games
- 9 Set the age limit you wish to set
- 10 Tap Save to apply your changes

#### How to Stop Auto-updates

- 1 Open Google Play Store
- 2 Tap the profile icon in the top right
- 3 Tap Settings
- 4 Tap Auto-Update Apps
- 5 Select 'Don't auto-update apps' and then tap Done

#### Restricting Apps Through Google Family Link

- 1 Open Google Play Family Link for parents
- 2 Tap the three horizontal lines in the top left
- 3 Select your child's account
- 4 Tap Manage
- 5 Tap Controls on Google Play
- 6 Tap Apps & Games
- 7 Select the age limit you wish to set

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### How to Set up PARENTAL CONTROLS for APPS iPhone

Apple devices come with built-in apps already available: Mail, FaceTime and Safari, for example. However, you can choose which apps and features appear on your child's device and which ones don't. You can also manipulate the features in Game Centre to enhance your child's safety and privacy when playing games, as well as blocking iTunes or App Store purchases if you wish.

#### How to Restrict Built-in Apps/Features

- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap Allowed Apps (you may need to toggle this to 'on' at the top)
- 5 Enable or disable the apps you wish to appear (or disappear) on your child's device

#### How to Restrict Game Centre

- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap Content Restrictions (you may need to switch the toggle at the top to the 'on' position)
- 5 Scroll down to Game Centre
- 6 Choose between Allow, Don't Allow, or Allow with Friends Only in the settings for each feature

#### How to Restrict iTunes & App Store Purchases

- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap iTunes & App Store Purchases
- 5 Select Allow or Don't Allow for each feature (you can also lock these settings with a password)

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# EASTER NEWSLETTER



## Class Assemblies-J3



J3 shared all of their learning with us, treating our parents and carers attending to some fantastic facts and skills as well as demonstrating their dance moves from their PE lessons.

In our assembly, I enjoyed the dancing - it was great to make up a dance and to spin around.

Phoebe J3

# EASTER NEWSLETTER



## Nursery Fire Station visit

*As part of our learning this half term we visited the fire station in our community. We learnt about what fire fighters do, what they wear and how they keep us safe. It was exciting to see the fire engines and we even used the hose pipes fire fighters use to put out fires!*



*"I want to be a firefighter" Ismaeel  
"When I'm big I will be a fireman." Hamza  
"Big, red truck!" Lojas  
"I loved it here, so much!" Amira  
"The sirens". Iyah*





# **EASTER NEWSLETTER**



## **Bikeability**



Tuesday 25<sup>th</sup> March saw the return of Bikeability with children from Y3/4 having a intensive day of Level 1 training.

"It was great fun, I learnt lots of new skills." Yusuf J3

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## Football tournaments

On Friday 28<sup>th</sup> February, a team of girls in Y5/6 took part in the heats at Burton Albion for the Premier League Football Tournament. The girls won all their matches and won the tournament. This meant the girls went on to represent Burton Albion in the regional finals. This took place on Monday 10<sup>th</sup> March at Derby. The girls wore Burton Albion kit and had their photo taken with the Premier League trophy. The competition was tough but the girls showed great resilience and made the most of a great experience.

"I was really proud that we could represent Burton and it was great to see the real Premier League trophy." Zara B5



# **EASTER NEWSLETTER**



## **School dates**

# **Diary Dates**

**7<sup>th</sup>-10<sup>th</sup> April – Parents Evenings:**

- **7<sup>th</sup> April -KS2- 3.30-7.00pm**
- **8<sup>th</sup> April KS2– 3.30-6.00pm**
- **9<sup>th</sup> April KS1/EYFS/Nursery- 3.30-7.00pm**
- **10<sup>th</sup> April KS1/EYFS/Nursery- 3.30-6.00pm**

**11<sup>th</sup> April– Last day of school before the Easter break.**

**14<sup>th</sup> – 25<sup>th</sup> April – Easter Holidays**

**28<sup>th</sup> April –Children return to school**

**5<sup>th</sup> May -May Day (Bank holiday) school closed**

**23<sup>rd</sup> May – Last day of school before May half term**

**26<sup>th</sup> - 30<sup>th</sup> May Half term**

**2<sup>nd</sup> June –INSET DAY- school closed to children**

**3<sup>rd</sup> June – Children return to school**