

# MAY NEWSLETTER



## Dear Families,

We have had a wonderful start to the new school term and the children have had lots of learning experiences along the way! There has been so much going on over this past half term with Eid celebrations, SATs taking place across both key stages, Reception drumming, Sports competitions and much, much more! Classes have continued to perform their assemblies and more classes have had the chance to take part in visits related to their learning. With many more activities and events over the coming weeks and months please keep checking your e-mails and the school website for updates!

Can I remind you that as the weather turns warmer that all children have sun cream applied **before** coming to school to protect them from any harmful UV rays.

Finally I hope that you all have an enjoyable half term holiday and get the chance to have a rest.

**Mr Archer**

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## Eid celebrations

This half term, we have celebrated Eid in school with the children learning about Ramadan and the celebrations that follow. All the children have taken part in a variety of activities within their class and it has been wonderful to see the excitement and enthusiasm this has created during their learning.



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## Little Heroes Assemble

HERE  
EVERY DAY  
READY  
ON TIME

### Little Heroes

This half term in school, we have launched a new initiative called- Little Heroes. This initiative has been rolled out in school across Staffordshire to help encourage good school attendance.

Each day the children across EYFS and KS1 will receive a tick on their class chart if they are in school and on time. At the end of the week, they will get a sticker if they have completed the week. The children, who are in school and on time everyday, will receive a certificate at the end of the month.

These are the slides that have been shared with the children.

[https://www.canva.com/design/DAGDIAhojJA/CprujFrhYMKAtTOHXR06Gw/view?utm\\_content=DAGDIAhojJA&utm\\_campaign=designshare&utm\\_medium=link&utm\\_source=editor](https://www.canva.com/design/DAGDIAhojJA/CprujFrhYMKAtTOHXR06Gw/view?utm_content=DAGDIAhojJA&utm_campaign=designshare&utm_medium=link&utm_source=editor)

Click the link below to find out more.

[Helpful heroes - parents guide \(canva.com\)](#)

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## Good Attendance means...

Being in school at least 97% of the time or 184 to 190 days

### Remember

Your education is important - don't miss out!

#### Did you know?

A two week holiday in term time means that the highest attendance a child can achieve is 94.7%



Well done

I'm concerned

Seriously worried

A good attendance gives you the best chance for success.

A poor attendance gives you less chance of success.

Very poor attendance has a serious impact and reduces life chances.

There are 365 days in a calendar year

175 days are not spent at school!

"So there's plenty of time for shopping, holidays and appointments!"

#### Did you know?

When pupils attend school they:

- ✓ Can achieve their full potential
- ✓ Have better career prospects
- ✓ Learn how to look after themselves and be healthy
- ✓ Grow in confidence
- ✓ Keep up with work and homework
- ✓ Make new friends

We strive for all of our children to have 100% per cent attendance and we continually reinforce to our pupils the importance of being in school. If a child has above 97% attendance, then they are giving themselves the best opportunity to achieve not only now but also in the future. Falling below 90% attendance means your child has had four whole weeks off school during the school year. This level of attendance means your child will struggle with their school work because they have had the equivalent of one day off every fortnight!

## EVERY SCHOOL DAY COUNTS

### TIPS FOR PARENTS BY PARENTS

Don't give in!  
Follow through.

Be organised! Get everything ready from the night before. Have their coats and bags at the door, their lunch made and their clothes on the banisters.

Treat it like a military operation in the morning!

Don't give them a choice to stay at home.

Give yourself 15 minutes before the kids get up.

No TV, iPad or phones allowed in the morning.

Keep talking about the importance of school.

Early to bed the night before school, especially after holidays.

Come back to school after doctor/ dentist appointments.

Know how many days your child has missed in school.



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## Y1 and 2 visit to the Adventure Farm

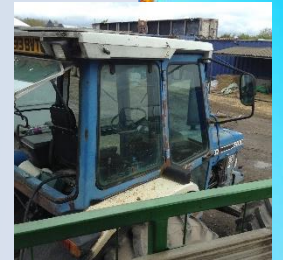
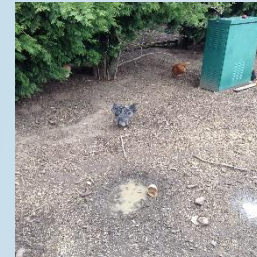
Y1 and Y2 had lots of fun learning about plants and animals on their visit to the Adventure Farm!

Martin - 'I liked petting the animals, it was cool.'

Amara-Mei- 'The tractor ride was the best part. It was super bumpy!'

Moeen - 'I really enjoyed finding the friends and pests in the gardens.'

VK1 - 'We learned lots about animals and plants. We had the best day ever!'



Seemab-I loved the musical maze. My favourite bit of the farm was petting the animals. I loved the barn animals! I liked the farm because my favourite animal was a pony. I learned so much at the adventure farm! I learned about plants and animals. I loved the tractor ride because it was green and green in my favourite colour.

I learned lots of different plants and farm animals. I loved petting the pony.

I love the adventure farm! I loved petting all sorts of animals. I loved feeding the goats and when I fed them it was so ticklish. It was so fun!

Pola-I like the farm because I like the goats. I like petting the little goats because they were so fluffy. I learned lots of different plants. I learned lots of different animals. I loved petting the guinea pigs. I loved petting all sorts of animals. I loved the musical maze!



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## EH4 class Assembly



In our assembly we talked all about what we learned in the spring term.

We sang one of a kind which reminds us how special we are.

We shared pieces from our independent writing and used the class reading book to help us (Varjak Paw).

We loved sharing our work with everyone.-EH4

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## B5 class Assembly



Our B5 class assembly was about what we have been learning recently in our subjects. My favourite part was the singing and creating the lyrics because we could learn different things about the history of Burton. - Imaan

I really enjoyed the step to the beat and talking about P.E. I loved practising and singing the song that the class composed the lyrics to! - Ayaan

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RC class Assembly



For RC's class assembly we shared our learning from our topic this half term of 'nosing into nature'. This included reading *The Very Hungry Caterpillar*, singing 'Tiny Caterpillar on a Leaf' and sharing everything we learnt from our trip to Rosliston and facts we learnt in our topic sessions. The children were happy to see so many familiar faces in the audience.

'I enjoyed the assembly, I was brave' Emilia RC



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RJM class Assembly



Children from RJM performed their class assembly to parents on Wednesday. They shared all their work from this term's topic 'Nosing into Nature'. They shared lots of facts about minibeasts, read a story, sang a song about a caterpillar and showed all their lovely pieces of work. It was a great performance which showcased all the hard work and fun they have put into their learning this term.

Dominik said "I was very excited to do the assembly. My Mummy came to watch."

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## EB5 class Assembly



EB5 performed their class assembly showing us all what they have been learning about this half term. Here's what some of the children had to say after their performance:

'It was scary at first but I enjoyed demonstrating how to do step 2 the beat.' - Lilly

'I enjoyed reading out my informal letter to everybody.' - Aaiza

'I enjoyed telling everyone about my favourite things about Whitemoor Lakes.' - Mehreen

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## Reception Drumming Workshop



Our two Reception classes had a wonderful, music filled afternoon on Thursday with John from 'Rock It Music'. They all learned about Indonesian tongue drums and learned how to play them. At the end of the afternoon they performed to our key stage 1 children in assembly. What a lovely day, well done Reception.



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## Sports competitions



### Netball

Thursday 2<sup>nd</sup> May, we took two teams to a Y3/4 High Five netball tournament at Shobnall Leisure Centre. On a glorious night, our teams performed brilliantly. Christ Church 1 performed particularly well going all the way to the final where they narrowly lost out 1-0 in the final. The children received silver medals for their efforts.



### Handball

On Monday 29<sup>th</sup> April, twelve Y6 children took part in a handball tournament at Shobnall Leisure Centre. It was a great tournament and our children's skills improved as the tournament progressed. We finished fourth overall.





## PSHE this half term



## What's up next?

The last module is called Engage. Here we will be learning all about how when we feel good, we do good and how setting goals and dreams can help us achieve more.

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email, and authentication code. Your authentication code is 124034

Or scan this QR code to sign up

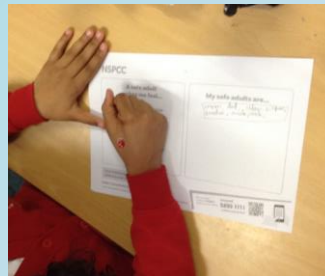


Next Half Term -  
The children will be taking part in the NSPCC PANTS programme.

### What are the PANTS rules?



- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help



All children across school have taken part in the NSPCC Speak Out. Stay Safe. Programme.

### All children have the right to:

- ✓ speak out and have their views taken seriously
- ✓ be kept safe
- ✓ get help when they need it.



Please download the MyHappyMinds Parent App. Not only is there lots of great advice and ideas, there is fun games for the children to play.

## Download your FREE myHappy mind Parent App



...An online resource to support you and your family to learn more about how you can use myHappy mind to support your child.



### myHappy mind for Parents

Exclusively for parents with children at a myHappy mind School or Nursery.



Learn all about what your children are learning in school



YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP

# 124034



## THE BRAVE BRAINS

SPREADING HAPPINESS, ONE SMILE AT A TIME

### OUR OBJECTIVE FOR THIS YEAR:



- BE THERE FOR YOU DURING BREAKS AND LUNCHTIMES
- TEACH YOU SPECIAL TRICKS TO FEEL BETTER WHEN YOU'RE UPSET OR WORRIED
- PLAY FUN GAMES WITH YOU SO NOBODY FEELS LEFT OUT.
- WRITE NICE MESSAGES AROUND THE SCHOOL TO REMIND YOU HOW AMAZING YOU ARE!

### THE 5 WAYS TO FEEL AMAZING!

WE WILL BE USING THESE 5 WAYS TO FEEL AMAZING AS IT HELPS US ALL FEEL HAPPY AND MAKE OUR SCHOOL A REALLY SPECIAL PLACE TO BE!

- CONNECT**  
**BE ACTIVE**  
**TAKE NOTICE**  
**KEEP LEARNING**  
**GIVE**



### MEET THE BRAVE BRAINS!



### SPREADING POSITIVITY

POSITIVITY MEANS HAVING A HAPPY AND CHEERFUL ATTITUDE. WHEN WE ARE POSITIVE WE NOTICE THE GOOD THINGS AROUND US AND FEEL HAPPY INSIDE.



### OUR MISSION!

TO MAKE SURE EVERYONE AT CHRIST CHURCH FEELS HAPPY AND SUPPORTED!



### YOU CAN SPREAD POSITIVITY BY:

- BEING KIND
- SHARING
- INCLUDING EVERYONE IN YOUR GAMES
- SAYING NICE THINGS TO EACHOTHER

POSITIVITY HELPS US FEEL GOOD AND MAKES THE WORLD A BRIGHTER AND HAPPIER PLACE!



### What's Next?

The Brave Brains will be sending out a survey to find out what the children's thought and feeling are around Mental Health and what they can do in their roles to support them further.



THE BRAVE BRAINS WILL SPREAD POSITIVITY BY WRITING COLOURFUL AFFIRMATIONS IN FRONT OF OUR SCHOOL USING BRIGHT CHALKS!

MESSAGES LIKE 'YOU'RE AMAZING!'.

OUR AIM IS TO MAKE EVERYONE FEEL HAPPY AND LOVED.

IT'LL ALSO MAKE OUR SCHOOL LOOK SUPER BRIGHT AND CHEERFUL! THE BRAVE BRAINS ARE ON A MISSION TO MAKE EVERY DAY A HAPPY DAY!



# What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having on social media. It can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted - sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so entrails young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK... and knowing what to do about content that upsets them.

## 1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

## 2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

## 3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen on line keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds. If alarm bells ring, it could be time for a more in-depth talk or to seek support.

## 4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

## 5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used. Spending too long on line can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules - for everyone to follow - around device use, such as screen time limits and tech-free spaces. Involving your child in creating this agreement makes them more likely to stick to it.

## 6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence - but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

## 7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority - and those notifications will still be there later, when we have more time.

## 8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on - making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.

## 9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well - so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.

## 10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but - just like off line life - the digital world can make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

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### Calendar dates

Monday 6<sup>th</sup> May – May Bank holiday

Friday 24<sup>th</sup> May- Last day of school

Saturday 25<sup>th</sup> May- Sunday 2<sup>nd</sup> June- Half term holidays

Monday 3<sup>rd</sup> June – INSET- school closed for the children

Tuesday 4<sup>th</sup> June – First day back to school for the children

Thursday 20<sup>th</sup> June- Class photographs

Friday 5<sup>th</sup> July- School Summer Fayre

Tuesday 9<sup>th</sup> July – Provisional date- Sports Day -Nursery

Wednesday 10<sup>th</sup> July –Provisional date- Sports Day- KS2 (Y3-Y6)

Thursday 11<sup>th</sup> July –Provisional date- Sports Day- Reception/KS1 (Y1-2)

Friday 19<sup>th</sup> July – Last day of school for the children.

Monday 22<sup>nd</sup> July- INSET- school closed for children